

THE FLOWER CUP

Est. 2016

We are an independent, botanical coffee shop serving up an all day brunch from local, fresh ingredients.

We have a full vegan menu, gluten free options and change our dishes seasonally.

We serve carefully hand-crafted speciality coffees and a fine array of loose leaf teas.

Sustainability is of huge importance to us. This is reflected in our use of eco-friendly, compostable packaging. You can also purchase a KeepCup from us and receive all your takeaway coffees for £2.

We recently opened our sister shop The Violet Palm next door, so if there are any plants in here you like, why not pop next door and take one home with you!

We hope you enjoy your time with us!

MEET OUR LOCAL SUPPLIERS

Wallis The Bakers - Saltney, Chester

Francis Thomas (Greengrocers) - Chester

David Joinson, Quality Meats - Chester Market and Boughton

Neighbourhood Coffee - Liverpool

As well as baking in house we use a couple of local bakers for their vegan and gluten free bakes.

Simply Bakes - Wrexham

Silver Apples Bakery - Manchester

BRUNCH



SEE THE BOARD FOR OUR SPECIALS



ALL ABOUT THE EGGS

Hip Benedict <i>Sourdough, ham hock, poached eggs, wholegrain hollandaise.</i>	£9
Eggs Florentine <i>Sourdough, spinach, poached eggs, hollandaise.</i>	£8
Eggs Royale <i>Sourdough, spinach, smoked salmon, poached eggs, hollandaise.</i>	£9
The Flower Cup Breakfast <i>Bacon, sausage, sriracha beans, cherry tomatoes, black pudding, fried egg, granary toast.</i>	£9
Avocado on Toast <i>Guacamole, poached egg, bacon OR halloumi on granary toast.</i>	£7.5
The Hip Breakfast <i>Bacon, halloumi, poached egg, sriracha beans, cherry tomatoes, avocado, sourdough toast.</i>	£8.5

SOMETHING A BIT DIFFERENT

Classic Pancakes <i>Golden syrup</i>	£6
Blueberry Pancakes <i>Mixed berry compote, blueberries, golden syrup.</i>	£7
Salmon Hot cakes <i>Dill and chive pancakes, smoked salmon, crème fraiche, poached egg.</i>	£8
Rarebit <i>Mustard cheese sauce, crispy bacon on sourdough.</i>	£6
Holy guacamole <i>Guacamole, bacon, cheese grilled toastie.</i>	£7
Bacon Hash <i>White potatoes, bacon, leeks, herbs, poached eggs.</i>	£8.5
Ham Potato Cakes <i>Sweet potato cake, ham hock, rocket, poached eggs.</i>	£7.5
Chicory Salad <i>Chicory, beetroot, apple salsa, candied walnuts, honey mustard.</i>	£7

BRUNCH

BASIC BREAKFAST

Granola <i>Almond and raisin granola, berry compote, blueberries, yoghurt.</i>	£4
Egg on toast <i>Scrambled/fried/poached on granary toast.</i>	£4.5
Toast <i>Granary/sourdough, butter, jam/marmalade</i>	£2
Breakfast Bap <i>Bacon/ sausage/ halloumi on a white bap.</i>	£4.5

VEGAN

Tofu Hash <i>White potatoes, tofu, leeks, herbs, guacamole.</i>	£8
All Day Breakfast <i>Tofu, sliced avocado, cherry tomatoes, sriracha beans, rocket, granary toast.</i>	£7.5
Sweet Potato Cakes <i>Sweet potato cakes, tofu, rocket, cherry tomatoes.</i>	£6.5
Banana Pancakes <i>Classic/Blueberry</i>	£6/£7

EXTRAS

Bacon	£2.5	Sausage	£2.5	Egg	£2
Halloumi	£2.5	Smoked Salmon	£4	Sriracha Beans	£1
Black Pudding	£1.5	Tofu	£2.5		

Although products with gluten are used in our small kitchen, gluten free toast is available.
Please speak to a member of staff if you have any food allergies.

Prices all include VAT at 20%

DRINKS

HOT DRINKS

Americano	£2.5
Flat White	£2.9
Latte	£3.2
Small Cappuccino	£3
Large Cappuccino	£3.2
Mocha	£3.5
Iced Coffee	£3
Espresso	£1.8
Cortado	£2.6
Macchiato	£2.3
Filter Coffee	£3.5
Hot Chocolate	£2.9
English Breakfast	£2.6
Vanilla Chai	£2.6
Early Grey	£2.6
Green	£2.6
Cherry	£2.6
Chamomile	£2.6
Peppermint	£2.6
Red Berry	£2.6
Rooibos	£2.6
Mango	£2.6
Decaf English Breakfast	£2.6

COLD DRINKS

Red Berry Iced Tea	£2.5
San Pellegrino	£2
Coca Cola/ Diet Cola	£2
Still/ Sparkling Water	£1.5
Fentimans	£2.5
Fruit Juice	£1.6

SYRUPS

Caramel	50p
Vanilla	50p
Hazelnut	50p

ALTERNATIVE MILKS

Soya
Coconut
Almond

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